

*It is all about doing things  
with people, rather than  
"to" them*

**IntegraCare**



**Person-centered training  
program for  
multidisciplinary  
professionals**

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# IntegraCare Training Program



INTEGRACARE training course aims to support knowledge and understanding of health and social care professionals about person-centered treatment models so they can apply it in their specific context, to promote the well-being of dependent peoples, as well as for themselves, thus maximizing social and family inclusion of all. Considering the different educational and socio-cultural background of each trainee, the training content will be descriptive and simple in execution.

The structure of the training content consists of different interconnected MODULES (M); to each module a LEARNING OUTCOME will correspond. This will allow to consult them in a free order, not in an obliged linear structure in order to create personalized courses.

## Training methods and Learning Environment

The training programme is being designed to include these aspects:

- promotion of a **self-learning approach, immersive and integrated**: this means a combined approach on-line and face-to-face in order to reach all training needs of learners.
- **modularity**: thus learners are not obliged to follow a linear structure, offering the possibility to skip from a module to another and select only those preferred and in the order chosen by trainees.
- **experiential approach**: give the possibility to a traditional face-to-face methodology, to get the opportunities to present own ideas and opinions and get involved in exchange of experiences with the other participants.
- **gamified experience**: including progress achievements rewards, based on a badges scheme that contributes to include a motivating challenge to the learning process.

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Integra Care Project

Join us for the development  
and testing activities

Contact - [info@predif-ib.org](mailto:info@predif-ib.org)

IntegraCare development activities will  
include the **participation of the project  
target groups:**

Health/social care professionals and volunteers (primary target group): all people that professionally or as volunteers work with dependent people (disabled people, older people, seriously ill people, etc.)

Health and social organisations (primary target group)

Health and social care professionals' trainers (primary target group): these trainers will be direct users of the training programme as well.

Dependent people: as direct beneficiaries from the integrated person-centred care model adoption.



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